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Flint Hills Area Transportation Agency Manhattan, Kansas

Anti-Drug and Alcohol Misuse Prevention Policy (FTA/DOT)

Revised Policy Date: December 2023

Original Policy Date: October 2007

Anti-Drug and Alcohol Misuse Prevention Policy Policy Approval

We have reviewed and concur with the contents of the Flint Hills Area Transportation Agency Anti-Drug and Alcohol Misuse Prevention Policy. Our signatures indicate approval of the policy and its contents.

Flint Hills Area Transportation Agency Governing Board

9.30.2024

Date

Flint Hills Area Transportation Agency Governing Board

305EPT 7024

Flint Hills Area Transportation Agency Governing Board

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5-24 Date

Flint Hills Area Transportation Agency Governing Board

Date

Flint Hills Area Transportation Agency Governing Board

9/W 202

TABLE OF CONTENTS

I		
II		
III IV V	GENERAL PROHIBITIONS	
VI	TESTS REQUIRED HANDLING OF TEST RESULTS, CONFIDENTIALLY CONSEQUENCES OF FAILING OR REFUSING A DRUG TEST	2
	CONSEQUENCES OF FAILING OR REFUSING AN ALCOHOL TEST APPENDIX	4 7
	 A. Information Concerning the Effects of Alcohol B. DER and Service Agents C. Job Classification 	8
	D. EMPLOYEE AFFIRMATION OF DRUG & ALCOHOL TESTING POLICY E. DILUTE NEGATIVE DRUG TEST RESULTS	

I. GENERAL

A. Purpose

- 1. Flint Hills Area Transportation Agency has a long-standing commitment to maintaining the highest standards for employee safety and health. The use of controlled substances and the misuse of alcohol are contrary to these high standards. The purpose of this policy is to bring Flint Hills Area Transportation Agency into compliance with all DOT regulations that require affirmative actions to eliminate the impact of the use of controlled substances and misuse of alcohol in the workplace. The purpose of this anti-drug and alcohol misuse prevention policy is to reduce accidents that result from the use of controlled substances and misuse of alcohol, thereby reducing fatalities, injuries, and property damage.
- 2. This policy does not create any contractual rights in favor of employees to whom the Policy is applicable.

 Nor does this Policy in any way alter the at-will nature of employment or imply that discharge will occur only "for cause".
- 3. Title 49 Code of Federal Regulations (CFR) Part 655.3 requires any recipient of Federal financial assistance under Sections 5307, 5309, or 5311 of the Federal Transit Act, as amended and any contractor to comply with these regulations and submit to drug and alcohol testing administered in accordance with part 655. Recipients of these funds and their contractors must test their employees for prohibited drugs and misuse of alcohol under the following work-related conditions:

ALCOHOL TESTING

a. Pre-employment
b. Random
b. Post-accident
c. Post-accident
d. Reasonable cause
d. Return-to-duty
e. Return-to-duty
f. Follow-up

- 4. Those areas of the policy printed in bold and underlined text reflect Flint Hills Area Transportation Agency independent authority to require additional provisions with regard to the drug and alcohol testing procedures.
- 5. The presence of controlled substances in the body as well as the use or possession of controlled substances and/or alcoholic beverages while on Flint Hills Area Transportation Agency property, or in any Flint Hills Area Transportation Agency vehicle, or on duty, including breaks or lunch, paid or unpaid, on any shift, is strictly prohibited.
- 6. <u>Drug and Alcohol Program Manager</u>: **Appendix B** contains the name, address, and telephone number of the responsible individual(s). The DAPM shall be responsible for providing oversight and evaluation on the policy; providing guidance and counseling; reviewing of all discipline applied under this policy for consistency and conformance to human resources policies and procedures; scheduling drug and alcohol tests for random, return-to-duty and follow-up testing; maintaining a locked file system with limited access to all test results; and promotion of the employee assistance program (EAP). Flint Hills Area Transportation Agency shall ensure that all covered employees are aware of the provisions and coverage of Flint Hills Area Transportation Agency anti-drug and alcohol misuse policy.
- 7. <u>Designated Employer Representative</u>: **Appendix B** contains the name, address, and telephone number of the Designated Employer Representative (DER). The DER is authorized by Flint Hills Area Transportation Agency to take immediate action(s) to remove employees from safety-sensitive duties, or cause employees to be removed from these covered duties, and to make required decisions in the testing and evaluation processes. The DER also receives test results and other communications for the employer consistent with the requirements of 49 CFR Part 40.

B. Applicability

- 1. This policy applies to any employee of Flint Hills Area Transportation Agency who perform safety-sensitive functions
- 2. The FTA has determined that "safety-sensitive" functions are performed by those who (49 CFR Part 655.4):
 - a. Operate revenue service vehicles including when not in revenue service.
 - b. Operate non-revenue service vehicles that require drivers to hold a CDL.
 - c. Dispatch or control revenue service vehicles.
 - d. Performing maintenance function including repairing, overhauling, and rebuilding revenue service vehicles or equipment used in revenue service.
 - e. Provide security and carry a firearm.
 - f. These categories include supervisors who perform these functions. Supervisors of employees in these categories who do not themselves perform these functions, are excluded.
 - g. Volunteers required to hold a commercial driver's license to operate the vehicle; or perform a safety-sensitive function for any entity subject to this part.
 - h. Contractor employees that stand in the shoes of Transit System employees.
 - i. A list of safety-sensitive positions that perform one of the above-mentioned duties is found in Appendix C.

C. Testing Procedures

It is a condition of employment that all safety-sensitive employees submit to drug and alcohol testing. All testing conducted under this policy will follow the procedures as set forth in 49 CFR Part 40. The procedures have been developed to protect the employee and the integrity of the testing process, to safeguard the validity of the test results, and to ensure that the test results are attributed to the correct employee.

D. Definitions

Words and phrases used in this policy are as defined and found in 49 CFR Part 40.3 and 655.4.

II. PROHIBITIONS

Flint Hills Area Transportation Agency shall test each covered employee who performs a safety-sensitive function for evidence of the following substances: Alcohol, Marijuana, Cocaine, Opioids, Phencyclidine and Amphetamines.

A. Alcohol

- 1. No employee shall report for duty or remain on duty requiring the performance of safety-sensitive functions while having an alcohol concentration of 0.02 or greater.
- 2. No employee shall use alcohol 4 hours prior, on call, or while performing a safety-sensitive function. This includes beverages containing alcohol or substances containing alcohol including any medication, mouthwash, food, candy, or any other substance that would cause alcohol to be present in the body.
- 3. No employee required to take a post-accident alcohol test shall use alcohol for eight hours following the accident, or until a post-accident alcohol test has been administered, whichever occurs first.

B. Controlled Substances

No driver shall report for duty or remain on duty requiring the performance of safety-sensitive functions when the driver uses any controlled substance.

- 1. ILLEGAL DRUGS: The use of any illegal drug or any substance (identified in Schedules I through V of the Controlled Substance Act) is prohibited at all times unless a legal prescription has been written for the substance. Illegal use includes use of any illegal drug, misuse of legally prescribed drugs, and use of illegally obtained prescription drugs.
- 2. LEGAL DRUGS: The appropriate use of legally prescribed drugs and non-prescription medications is not prohibited. However, the use of any substance which carries a warning label that indicates that mental functioning, motor skills, or judgment may be adversely affected must be reported to a supervisor. In

<u>addition</u>, the employee must obtain a written release from the attending physician releasing the person to perform their job duties any time they obtain a performance-altering prescription.

- 3. PRESCRIPTION DRUGS: A legally prescribed drug means that the employee has a prescription or other written approval from a physician for the use of a drug in the course of medical treatment. It must include the patient's name, the name of the substance, quantity/amount to be taken, and the period of authorization. The misuse or abuse of legal drugs while performing safety-sensitive functions is prohibited.
- 4. MEDICAL MARIJUANA OR RECREATIONAL USE IS PROHIBITED UNDER THIS POLICY. The Federal Government and the Department of Transportation do not recognize Medical Marijuana prescriptions or Recreational Use. Federal Law always supersedes State law(s). The Company shall follow all Federal Government regulations and guidelines regarding Medical Marijuana or Recreational Use and will not allow its employees, individuals, drivers, operators and/or contractors to be employed or perform work at any of the Company's locations, terminals, or operations while on Medical Marijuana or Recreational Use.
- 5. CBD OIL. The claimed use of CBD oil shall not be considered a medical excuse for a positive marijuana test.
- C. Refusal to Submit to a Required Alcohol or Controlled Substances Test

No employee shall refuse to submit to an alcohol or controlled substance test required by 49 CFR Part 40 and 655.

- 1. As an employee, you have refused to take a drug test if you:
 - a. Fail to appear for any test (except a pre-employment test) within a reasonable time, as determined by the employer, consistent with applicable DOT agency regulations, after being directed to do so by the employer.
 - b. Fail to remain at the testing site until the testing process is complete.
 - c. Fail to provide a urine specimen for any drug test required by this part or DOT agency regulations.
 - d. In the case of a directly observed or monitored collection in a drug test, fail to permit the observation or monitoring of the provision of a specimen.
 - e. Fail to provide a sufficient amount of urine when directed, and it has been determined, through a required medical evaluation, that there was no adequate medical explanation for the failure.
 - f. Fail or decline to take an additional drug test the employer or collector has directed you to take.
 - g. Failing to undergo a medical examination when required.
 - h. Failing to cooperate with any part of the testing process.
 - i. For an observed collection, fail to follow the observer's instructions to raise and lower clothing above the waist, lower clothing, and underpants, and to turn around to permit the observer to determine if you have a type of prosthetic or other device that could be used to interfere with the collection process.
 - j. Possess or wear a prosthetic or other device that could be used to interfere with the collection process.
 - k. Admit to the collector or MRO that you adulterated or substituted the specimen.
 - As an employee, if the MRO reports that you have a verified adulterated or substituted test result, you have refused to take a drug test.
 - m. Fail to provide an adequate amount of saliva or breath for any alcohol test required by this part or DOT agency regulations.
 - n. Fail to provide a sufficient breath specimen, and the physician has determined, through a required medical evaluation, that there was no adequate medical explanation for the failure.
 - o. Failing to sign Step 2 of the alcohol test form.
- 2. For Pre-employment Tests the <u>Following are NOT Refusals</u> (Once the donor has received the specimen collection cup from the collector the test has commenced.)
 - a. Failure to appear for the test.
 - b. Failure to remain at the site prior to the commencement of the test
 - c. Failure to provide a specimen before the test commences.

III. TESTS REQUIRED (DOT PANEL)

A. Pre-employment or Transfer Testing

The following conditions establish who may be screened and under what circumstances the drug and alcohol screening may occur. All testing will comply with 49 CFR Part 40 and Part 655.

All applicants for employment in a safety-sensitive position with Flint Hills Area Transportation Agency will undergo urine

drug testing immediately following the offer of employment. All current employees who are requesting transfer to a position covered in this policy are also subject to this policy. This policy covers applicants for, or requests for transfer to, full-time or part-time employment and applicants for regular or temporary employment.

Testing involves the following situations:

- 1. Prior to the first time an employee or applicant performs any safety-sensitive functions, the employee will undergo pre-employment testing. If the employee has a verified negative result, no further immediate action is necessary. (§655.41(a)(1))
- 2. When a covered employee or applicant has previously failed or refused a pre-employment drug test, the employee must provide proof to the Director of <u>Flint Hills Area Transportation Agency</u> of having completed a referral, evaluation, and treatment plan as described in section 655.62 of subpart G. (§655.41(a)(2))
- 3. Prior to transferring an employee from a Non-safety-sensitive function to a safety-sensitive function, the employee must undergo a pre-employment drug test and have a verified negative result. (§655.41(b))
- 4. If a pre-employment drug test is canceled, the employee or applicant is required to schedule another pre-employment drug test and have a verified negative result. (§655.41(c))
- 5. When a covered employee or applicant has not performed a safety-sensitive function for 90 consecutive calendar days, and the employee has not been in the random selection pool during that time, the employee is subject to a pre-employment test which produces verified negative results. (§655.41(d))

B. Post-accident Testing

- 1. Post-accident testing is required for prohibited drugs and alcohol in the case of certain transit accidents:
 - a. <u>Fatal Accident</u>: Whenever there is a loss of human life, each surviving safety-sensitive employee operating the transit vehicle at the time of the accident must be tested. Flint Hills Area Transportation Agency will also determine using the best information available at the time of the decision whether to test any other safety-sensitive employees (e.g., maintenance personnel) where performance could have contributed to the accident.
 - b. Non-fatal Accident: Whenever an individual suffers bodily injury and immediately receives medical treatment away from the scene of the accident; or any vehicle incurs disabling damage as a result of the occurrence and any vehicle is transported away from the scene by a tow truck or other vehicle, Flint Hills Area Transportation Agency shall test each safety-sensitive employee operating the transit vehicle at the time of the accident, unless their behavior can be completely discounted as a contributing factor to the accident. Flint Hills Area Transportation Agency shall test any other safety-sensitive employee, whose performance could have contributed to the accident, using the best information available at the time of the accident.
 - c. Post-accident drug and alcohol tests must be performed as soon as possible: Drug tests must be performed as soon as possible but within 32 hours following the accident. Alcohol tests must be performed as soon as possible, within 2 hours following the accident. If the alcohol test is not administered within 2 hours following the accident, Flint Hills Area Transportation Agency must still attempt to administer the test, and must also prepare and maintain on file, a record stating the reason(s) the test was not promptly administered. If the alcohol test is still not administered within 8 hours following the accident, Flint Hills Area Transportation Agency shall cease attempts to administer the test, and must also prepare and maintain on file, a record stating the reason the test was not completed.

d. The requirement to test for drugs and alcohol following an accident should in no way delay necessary medical attention for injured people or prohibit a safety-sensitive employee from leaving the scene of an accident to obtain assistance in responding to the accident or to obtain necessary emergency medical care. However, the safety-sensitive employee must remain readily available, which means the transit agency knows the location of the safety-sensitive employee. If he or she leaves the scene of the accident prior to submission to such test, and fails to remain readily available for testing, the employee may be deemed by the employer to have refused to submit to testing.

C. Random Testing

Random testing of safety-sensitive employees will be conducted in a manner consistent with the requirements of 49 CFR Part 655 (Prevention of Alcohol Misuse and Prohibited Drug Use in Transit Operations) and 49 CFR Part 40 (Procedures for Transportation Workplace Drug and Alcohol Testing Programs).

The Flint Hills Area Transportation Agency participates in a statewide rural transit consortium; therefore, all employees performing safety-sensitive functions are placed in a statewide pool and will have an equal chance of being selected for testing and will remain in the pool, even after being tested. There is no discretion on the part of management in the selection and notification of the individuals who are to be tested.

Random testing will meet the following criteria:

- 1. The random alcohol testing will be conducted using the current applicable rates required by KDOT which meets or exceeds FTA requirements. Safety-sensitive positions in the testing pool are tested on a random basis annually under the drug and alcohol testing requirement for alcohol.
- 2. The random drug testing will be conducted using the current applicable rates required by KDOT which meets or exceeds FTA requirements. Safety-sensitive positions in the testing pool are tested on a random basis annually under the drug and alcohol testing requirement for drugs.
- 3. Random selection is made through a scientifically valid computerized random number generator program matched with employees' social security number. This program is provided by a contracted, third party administrator for the drug program. (§655.45(e))
- 4. The dates for administering unannounced testing of randomly selected employees shall be spread reasonably throughout the calendar year. Testing must be unannounced, unpredictable and will be conducted at all times of the day when safety-sensitive functions are performed. (§655.45(g))
- 5. A covered employee will only be randomly tested for alcohol just prior to, during or just after performing a safety-sensitive function. (§655.45(i)) The Flint Hills Area Transportation Agency will ensure that the employee stops performing the safety-sensitive function and proceeds to the testing site immediately. (§655.45(h))
- 6. Random tests for drugs can be conducted at any time during an employee's shift. Testing can occur during the beginning, middle or end of an employee's shift. (§655.45(i))

D. Reasonable Suspicion Testing

- 1. A safety-sensitive employee is required to submit to a drug and/or alcohol test when the employer has reasonable suspicion that the employee has used a prohibited drug or has misused alcohol as defined in the regulations.
- 2. A trained supervisor's determination that reasonable suspicion exists will be based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech, or body odors of the covered employee.
- 3. Under this policy drug testing can occur anytime the employee is on duty. Alcohol testing will only occur during, just preceding, or just after the employee has performed a safety-sensitive function.
 - a. An employer shall conduct a drug and/or alcohol test when the employer has reasonable suspicion to believe that the covered employee has used a prohibited drug and /or engaged in alcohol misuse.

- b. An employer's determination that reasonable suspicion exists shall be based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech, or body odors of the covered employee. A supervisor (s), or other company official (s) who is trained in detecting the signs and symptoms of drug use and alcohol misuse must make the required observations.
- c. Alcohol testing is authorized under this section only if the observations required by paragraph (b) of this section are made during, just preceding, or just after the period of the workday that the covered employee is required to be in compliance with this part. An employer may direct a covered employee to undergo reasonable suspicion testing for alcohol only while the employee is performing safety-sensitive functions; just before the employee is to performing safety-sensitive functions; or just after the employee has ceased performing such functions.
- d. If an alcohol test required by this section is not administered within two hours following the determination under paragraph (b) of this section, the employer shall prepare and maintain on file a record stating the reasons the alcohol test was not promptly administered. If an alcohol test required by this section is not administered within eight hours following the determination under paragraph (b) of this section, the employer shall cease attempts to administer an alcohol test and shall state in the record the reasons for not administering the test.

Details of the reasonable suspicion testing process can be found in 49 CFR Part 40, subpart E.

E. Return-to-duty Testing

- a. As the employer, if you decide that you want to permit the employee to return to the performance of safety-sensitive functions, you must ensure that the employee takes a return-to-duty test. This test cannot occur until after the SAP has determined that the employee has successfully complied with prescribed education and/or treatment. The employee must have a negative drug test result and/or an alcohol test with an alcohol concentration of less than 0.02 before resuming performance of safety-sensitive duties.
- b. As an employer, you must not return an employee to safety-sensitive duties until the employee meets the conditions of paragraph (a) of this section. However, you are not required to return an employee to safety-sensitive duties because the employee has met those conditions. That is a personnel decision that you have the discretion to make, subject to collective bargaining agreements or other legal requirements.
- c. As an employer, you must ensure that any return-to-duty drug test collection is conducted as an observed collection.

F. Follow-up Testing

- a. As the employer, you must carry out the SAP's follow-up requirements. You may not allow the employee to continue to perform safety-sensitive functions unless follow-up testing is conducted as directed by the SAP.
- b. You should schedule follow-up tests on dates of your own choosing, but you must ensure that the tests are unannounced with no discernible pattern as to their timing, and that the employee is given no advance notice.
- c. You cannot substitute any other tests (e.g., those carried out under the random testing program) conducted on the employee for this follow-up testing requirement.
- d. You cannot count a follow-up test that has been cancelled as a complete test. A cancelled follow-up test must be recollected.
- e. As an employer, you must ensure that any follow-up drug test collection is conducted as an observed collection.

IV. HANDLING OF TEST RESULTS, CONFIDENTIALITY

A. Access to Records

- 1. Except as required by law or expressly authorized by release by an employee, Flint Hills Area Transportation Agency will not release information that is contained in records required to be maintained under 49 CFR Part 40 and 655.
- 2. An employee is entitled, upon written request, to obtain copies of any records pertaining to the use of alcohol or controlled substances, including any records pertaining to his or her alcohol or controlled substances tests.
- 3. An employee's testing records will be made available to a subsequent employer upon receipt of a written request from the employee.
- 4. Flint Hills Area Transportation Agency may disclose information required to be maintained pertaining to a driver to the decision maker in a lawsuit, grievance, or administrative proceeding initiated by or on behalf of the individual, and arising from a positive DOT drug or alcohol test or a refusal to test (including, but not limited to, adulterated or substituted test result), (including, but not limited to, a worker's compensation, unemployment compensation, or other proceeding relating to a benefit sought by the employee).

V. CONSEQUENCES OF FAILING OR REFUSING A DRUG TEST

- A. General. Compliance with this drug testing policy is a condition of employment. Refusal to take a required drug test or failure of a drug test shall result in removal from performing covered functions. Additional disciplinary action up to and including termination may result.
- B. Refusal and Prohibited Conduct Prohibitions
 - 1. Flint Hills Area Transportation Agency shall not permit any employee, who fails a drug test as verified by the Medical Review Officer (MRO), as described in Part 655, to perform covered functions or continue to perform covered functions.
 - 2. A covered employee who refuses to submit to a random, post-accident, reasonable suspicion or follow-up drug test shall result in the covered employee not being allowed to perform or to continue to perform any covered functions.
- C. Required Referrals and Evaluation. An employee will be given an opportunity to retain his or her employment, provided they first do the following:
 - 1. Have been evaluated by a Substance Abuse Professional (SAP)
 - 2. Have completed the recommendations of a qualified SAP on the appropriate evaluation/rehabilitation program.
 - 3. Pass a return-to-duty drug test.

If an employee refuses to report for assessment, evaluation, and/or referral for treatment with a substance abuse professional, he/she will be terminated.

If an employee, after assessment, is referred for rehabilitation and the employee refuses to enter or successfully complete such a rehabilitation assessment program, he/she will be terminated.

All costs associated with the evaluation and rehabilitation program are the responsibility of the employee.

Employees should consult their insurance policy for extent of nervous, mental and substance abuse coverage.

On duty use or possession of drugs on company time or on company premises will result in termination from Flint Hills Area Transportation Agency.

A second positive drug test or the equivalent will result in immediate termination of employment.

A covered employee who engages in prohibited conduct shall be advised of available resources to evaluate and resolve problems associated with substance abuse misuse.

- D. Retesting of Drug Positive Samples
 - 1. General. An applicant/employee may verbally request a retest of a positive sample by contacting the MRO by phone, within 72 hours of notification of the positive test result from the MRO.
 - 2. Retest Provisions. The retest will be conducted at a different SAMHSA certified laboratory. The test will be conducted on the split sample that was provided by the applicant/employee at the same time as the original sample. As the employer, you must not condition your compliance with these requirements on the employee's direct payment to the MRO or laboratory or the employee's agreement to reimburse you for the cost of testing. The method of collection, storing, and testing the split sample will be consistent with the procedures set forth in 49 CFR Part 40.
 - 3. Detection Levels. Because some analytes deteriorate or are lost during freezing and/or storage, quantitation for a retest is not subject to a specific cutoff requirement but must provide data sufficient to confirm the presence of the drug or metabolite.

VI. CONSEQUENCES OF FAILING OR REFUSING AN ALCOHOL TEST

- A. General. Compliance with this alcohol testing policy is a condition of employment. Refusal to take a required alcohol test or failure of an alcohol test shall result in removal from performing covered safety-sensitive functions. <u>Additional disciplinary action up to and including termination may result.</u>
- B. Refusal and Prohibited Conduct.
 - 1. A covered employee who has engaged in prohibited conduct as described in Part 655 shall not be permitted to perform covered functions or continue to perform covered functions.
 - 2. A covered employee who refuses to submit to a random, post-accident, reasonable suspicion or follow-up alcohol test shall result in the covered employee not being allowed to perform or to continue to perform any covered functions.
- C. Alcohol Concentration. A covered employee shall be prohibited from reporting for duty or remaining on duty requiring the performance of covered functions while having an alcohol concentration of 0.04 or greater.
 - 1. On-Duty Use: A covered employee shall be prohibited from using alcohol while performing covered functions.
 - 2. Pre-Duty Use: No employee shall use alcohol 4 hours prior, on call, or while performing a safety-sensitive function. This includes beverages containing alcohol or substances containing alcohol including any medication, mouthwash, food, candy, or any other substance that would cause alcohol to be present in the body.
- D. Required Referrals and Evaluation. An employee will be given an opportunity to retain his or her employment, provided they first do the following:
 - 1. Have been evaluated by a Substance Abuse Professional (SAP),
 - 2. Have completed the company approved evaluation/rehabilitation program successfully,
 - 3. Pass a return-to-duty alcohol test.

If an employee refuses to report for assessment, evaluation, and/or referral for treatment with a substance abuse professional, he/she will be terminated.

If an employee, after assessment, is referred for rehabilitation and the employee refuses to enter or successfully complete such a rehabilitation assessment program, he/she will be terminated.

All costs associated with the evaluation and rehabilitation program are the responsibility of the employee.

In all cases of an employee having an alcohol concentration of 0.04 or greater, and who has tested a second time at an alcohol concentration of 0.04 or greater, will be terminated.

An employee who refuses to provide an adequate breath for alcohol testing without a valid medical explanation after he/she has received notice of the requirement to be tested in accordance with the requirements of the DAPM, or who engages in conduct that clearly obstructs the testing procedure, will be terminated from Flint Hills Area Transportation Agency.

On duty use or possession of alcohol on company time or on company premises will result in termination from Flint Hills Area Transportation Agency.

A covered employee who engages in prohibited conduct shall be advised of available resources to evaluate and resolve problems associated with alcohol misuse.

- E. Retesting of Covered Employees for Alcohol
 - 1. A covered employee tested and found to have an alcohol concentration of 0.02 or greater but less than 0.04 shall not be permitted to perform or continue to perform covered functions until:
 - a. The employee's alcohol concentration measures less than 0.02 in another alcohol test administered in compliance with this policy; or
 - b. The start of the employee's next regularly scheduled duty period, but not less than 8 hours following administration of the alcohol test.
- F. Results of a second confirmed alcohol test (in the following twelve month period) indicating an alcohol concentration of 0.02 or greater, but less than 0.04: When a safety-sensitive employee has an alcohol test conducted and the alcohol concentration is 0.02 or greater, but less than 0.04, on a second confirmed test, the employee will be removed from performing covered functions and shall be referred to a substance abuse professional, and must follow all the recommendations of the assessment. Any subsequent test at 0.02 or greater will result in termination from Flint Hills Area Transportation Agency. When a non-safety-sensitive employee has an alcohol test conducted and the alcohol concentration is 0.02 or greater, but less than 0.04 after having had a prior alcohol concentration 0.04 or greater, then that employee will be removed from performing covered functions and referred to an EAP counselor and any subsequent alcohol concentration 0.02 or greater will result in immediate termination.
- G. Results of a second confirmed alcohol test (in the following twelve-month period) indicating an alcohol concentration 0.02 or greater, but less than 0.04 after a prior alcohol test which had produced an alcohol concentration of 0.04 or greater: When a safety-sensitive employee has an alcohol test conducted and the alcohol concentration is 0.02 or greater, but less than 0.04 after having had a prior alcohol concentration 0.04 or greater, then that employee will be removed from performing covered functions and referred to the substance abuse professional and any subsequent alcohol concentration 0.02 or greater will result in immediate termination. When a non safety-sensitive employee has an alcohol test conducted and the alcohol concentration is 0.02 or greater, but less than 0.04 after having had a prior alcohol concentration 0.04 or greater, then that employee will be removed from performing covered functions and referred to an EAP counselor and any subsequent alcohol concentration 0.02 or greater will result in immediate termination.

APPENDIX A

ALCOHOL SUPPLEMENT

A. Why you should get involved:

- 1. Although Flint Hills Area Transportation Agency has no history of substance abuse problems, we recognize that alcoholism and alcohol misuse are problems throughout America.
- 2. There are three good reasons why you should be concerned if any of your co-workers are using drugs or alcohol on the job.
 - a. Your health and safety may be at risk.
 - b. Alcohol misuse costs you money.
 - c. Alcohol creates a negative work environment.
- 3. According to the National Institute on Alcohol Abuse and Alcoholism, drug, and alcohol use on the job costs society an estimated \$102 billion a year. Since most of this cost is passed on to you in the form of higher health insurance rates or in consumer prices, drug and alcohol use on the job costs you and your fellow workers a significant amount of money.
- 4. Absenteeism among problem drinkers or alcoholics is 3.9 to 8.3 times greater than normal. If your fellow workers do not come to work, you may have to do their jobs in addition to your own.
- 5. Workers who misuse alcohol do not function at their full potential. Not only is absenteeism a problem, when they are at work these employees may have reduced capabilities and productivity. Since our product is the safe transportation of people, alcohol misuse is an especially serious issue.
- 6. No matter what your position is in the organization, there is something you can do to ensure that drug and alcohol use on the job never becomes a problem at the company. Acceptance of any misuse puts you, this company, and the public at risk.
- B. Effects of alcohol misuse on an individual's health, work, and personal life:
 - 1. Alcohol is a central nervous system depressant. Taken in large quantities, it causes not only the euphoria associated with being drunk, but also adversely affects your judgment, ability to think, and your motor functions. Drink enough alcohol fast enough and it can kill you.
 - 2. Long term overuse of alcohol can cause liver damage, heart problems, sexual dysfunction, and other serious medical problems.
 - 3. In some cases, alcohol use can lead to physical and psychological dependence on alcohol. Alcoholism is a serious chronic disease. Left untreated it will inevitably get worse.
 - 4. Workers who use alcohol (and other drugs) affect everyone. Studies show that compared to alcohol-and drug-free workers, substance abusers are far less productive, miss more workdays, are more likely to injure themselves or someone else, and file more workers compensation claims.
 - 5. The measurable dollar costs of workplace substance abuse from absenteeism, overtime pay, tardiness, sick leave, insurance claims, and workers' compensation can be substantial. However, the hidden costs resulting from diverted supervisory and managerial time, friction among workers, damage to equipment, and damage to company's public image means that workplace substance abuse can further cut profits and competitiveness.
 - 6. Alcohol can also destroy relationships, lead to serious problems with the law (e.g., drunk driving), and even cause harm to the people you love.
 - 7. If drinking affects your work life, it could lead to job loss and all the financial problems that would follow.

- C. Signs and symptoms of alcohol misuse Any one or more of the following signs may indicate a drinking problem:
 - Family or social problems caused by drinking
 - Job or financial difficulties related to drinking
 - Loss of a consistent ability to control drinking
 - "Blackouts" or the inability to remember what happened while drinking
 - Distressing physical and/or psychological reactions if you try to stop drinking
 - A need to drink increasing amounts of alcohol to get the desired effect
 - Marked changes in behavior or personality when drinking
 - Getting drunk frequently
 - Injuring yourself or someone else while intoxicated
 - Breaking the law while intoxicated
 - Starting the day with a drink
- D. Available methods of evaluating and resolving problems associated with the misuse of alcohol.
 - 1. Outpatient programs exist in a variety of settings:
 - a. Community mental health centers
 - b. Full-service agencies
 - c. Private physicians' and therapists' offices
 - d. Occupational settings
 - e. Specialized alcoholism treatment facilities
 - 2. Inpatient services, designed for those with more serious alcohol problems, can be found in hospitals, residential care facilities, community halfway houses, and some alcoholism clinics.
 - 3. Your local telephone directory will list helpful referral organizations such as:
 - a. Local council on alcoholism
 - b. Alcoholics Anonymous
 - c. Community alcoholism or mental health clinic
 - d. Social services or human resources department
 - e. County medical society
 - 4. The SAP will perform an initial evaluation, recommend any additional treatment if necessary, and will refer employees needing assistance for treatment covered under our health insurance program.

Flint Hills Area Transportation Agency

5815 Marlatt Avenue Manhattan, Kansas 66503

APPENDIX B Flint Hills Area Transportation Agency

DRUG AND ALCOHOL TESTING PROGRAM PERSONNEL AND SERVICES

1. DESIGNATED EMPLOYER REPRESENTATION (DER)/DRUG AND ALCOHOL PROGRAM MANAGER

Primary Contact

Anne Smith 5815 Marlatt Avenue Manhattan, Kansas 66503 (785) 565-6408

Secondary Contact

Katey Cain 5815 Marlatt Avenue Manhattan, Kansas 66503 (816) 645-9526

2. LOCAL COLLECTION SITE

Konza Lab Connections 312 Tuttle Creek Blvd. Ste F Manhattan, Kansas 66502 785-539-1010

In most instances the ComplianceOne mobile collector can do your collections on site. However, a local collection site has been set up for use when the on-site collector is unavailable.

3. MEDICAL REVIEW OFFICER (MRO)

Industrial Medical Testing 118 8th Avenue W, Suite 328 Palmetto, FL 34221

Local: 941-753-9199

Toll Free: 1-888-808-4MRO (4676)

4. CERTIFIED LABORATORY

Clinical Reference Laboratory 11711 W. 83rd Terrace Lenexa, KS 66150

Toll-Free: 1-800-716-0006

5. EMPLOYEE ASSISTANCE PROGRAM (EAP) REFERRAL FOR SUBSTANCE ABUSE PROFESSIONAL (SAP)

Employee Assistance Program Local 785-575-9343 Toll Free 1-800-999-1196

APPENDIX C

EMPLOYEE/SUPERVISORY POSITIONS SUBJECT TO DRUG AND ALCOHOL TESTING

(JOB CLASSIFICATIONS/TITLES)

SAFETY –SENSITIVE FUNCTIONS

A safety-sensitive function, as defined by FTA 49 CFR Part 655, is any specified duty performed by Flint Hills Area Transportation Agency employees related to the safe operation of mass transit service.

These duties include the following activities:

- 1. Operating a revenue service vehicle, including when not in revenue service;
- 2. Operating a non-revenue service vehicle, when required to be operated by a holder of a Commercial Driver's License (CDL);
- 3. Controlling dispatch or movement of a revenue service vehicle;
- 4. Maintaining (including repairs, overhaul, and rebuilding) a revenue service vehicle or equipment used in revenue service;
- 5. Carrying a firearm for security purposes.

The following specific job titles identify those employees who perform safety-sensitive job functions at Flint Hills Area Transportation Agency:

